



October 2026

Earvin Magic Johnson YMCA

UPCOMING FAMILY EVENTS

Birthday Parties

The Y is the perfect place to host your birthday party! Reservations are recommended three weeks in advance. Choose from swimming, sports court, or golf simulators.

Package 1: One hour of activity and one hour in the party room

Package 2: Two hours of activity and one hour in the party room

Visit www.lansingymca.org/birthday for more information and to fill out the inquiry form.

MLS GO Soccer

More children deserve the opportunity to develop skills and a lasting love of the game. That's why we're launching MLS GO: a rec soccer league that will build confidence and community through the sport of soccer.

October 31 – December 8

5-7 age group: Practices Saturdays 9am
Games Tuesdays 5:30pm
4 vs. 4, no goalkeeper

8-10 age group: Practices Saturdays 10am
Games Tuesdays 6:30pm
7 vs. 7 with goalkeeper

Visit www.lansingymca.org/sports for more information and to register

Parents' Night Out

The YMCA is offering Parents' Night Out for our YMCA families! Children will enjoy a themed night of arts of crafts, games, playing with new friends and dinner!

Fridays, 5pm–7:30pm

- October 16: Pumpkin Party (costumes optional!)
- November 13: Thankful Turkeys
- December 11: Festive Fun

Ages 3–10

***Must be fully potty trained**

Visit www.lansingymca.org/family to register

Swim Lessons

**Fall session II begins on October 19
6-week session**

**Registration opens:
Oct 5 members
Oct 7 non-members**

Visit www.lansingymca.org/swimlessons to view schedules and to register



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UPCOMING ADULT EVENTS

Adult Pickleball Clinic

Our adult Pickleball clinic is a fun and engaging 4-week program designed for beginners and developing adult players. Participants will learn the rules, proper equipment use, basic skills, court positioning, and game strategies, all while building confidence in the sport. Each session includes instruction, skill development, and game play to reinforce learning in a fun, active environment.

Thursdays 12pm-1pm
October 22 - November 12

Visit www.lansingymca.org/adultsports to register

Private Golf Lessons

For golfers of all ages and skill levels looking to improve their golf game, the YMCA is offering lessons with a golf professional. Lessons must be scheduled in advance and are booked using our online form. Once the form is submitted, our golf pro will contact you to schedule the lessons.

Visit www.lansingymca.org/golfsimulators for more information and to fill out the inquiry form

Group Fitness Classes

YMCA Group Exercise Programs bring together health-seekers of all ages, backgrounds and skill levels in a fun, supportive environment where they move, groove and sweat their way toward better well-being.

All Group Fitness classes are included with your membership! Check out classes like:

Movin' & Groovin'
Strength & Flexibility
Yoga
Zumba
Tabata
Strength Basics
And more!

Visit www.lansingymca.org/groupfitness to view schedules

Lunch and Learn

Free Lunch and Learn with Rathbun Agency

If you've ever wondered whether you're overpaying for insurance—or felt unsure about what your policy actually covers—you're not alone.

Join us for a complimentary Lunch & Learn where we'll break down insurance in a way that's clear, practical, and actually useful.

November 11, 11am-1pm

Visit www.lansingymca.org/events to learn more and to register