



# YMCA Membership

## MEMBERSHIP BENEFITS:

-  **Three YMCA Locations**
-  **3 Indoor Swimming Pools**
-  **No Contracts**
-  **Nationwide Reciprocity**
-  **Drop-In Child Watch**
-  **All Group Fitness Classes are FREE**

**See the backside for full list of amenities!**

### Membership Types:

|                 | Description                                            | Monthly Price |
|-----------------|--------------------------------------------------------|---------------|
| Teen            | 13-19 yrs                                              | \$39          |
| Young Adult     | 20-23 yrs                                              | \$56          |
| Adult           | 24-64 yrs                                              | \$71          |
| Senior          | 65 yrs. & up                                           | \$63          |
| Household One   | 1 Adult + Up to 4 Dependents<br>(19 years and younger) | \$87          |
| Household Two   | 2 Adults                                               | \$99          |
| Household Three | 2 Adult + Up to 4 Dependents<br>(19 years and younger) | \$115         |

### Household Membership Add-Ons:

|                        |                                                                     |               |
|------------------------|---------------------------------------------------------------------|---------------|
| Additional Adult       | <b>20 yrs and older</b>                                             |               |
| **Household 2 & 3 Only | Must live in same household<br>(Max of 4 adults on the membership ) | \$25          |
| Add Kids               | <b>19 yrs &amp; younger</b>                                         | \$4 per child |
| **Household 1 & 3 Only |                                                                     |               |

### Enrollment Fee:

|            |             |
|------------|-------------|
| Individual | <b>\$25</b> |
| Household  | <b>\$50</b> |

### Paid In Full Memberships:

|          |                                 |
|----------|---------------------------------|
| 6 Months | <b>1 Additional Month FREE</b>  |
| One Year | <b>2 Additional Months FREE</b> |

Memberships and program fees are not refundable, and membership fees are not transferable. Both are subject to change. All returned items are subject to a \$25 fee. (Fee subject to change.) Must renew before expiration date or pay an enrollment fee. Cannot make changes to or freeze a paid in full membership. Scholarships are not applicable.

# FACILITIES AT A GLANCE

| LOCATIONS                 |    | Parkwood | Oak Park | Westside |
|---------------------------|----|----------|----------|----------|
| <b>FITNESS</b>            |    |          |          |          |
| Fitness Center            | ✓  | ◆        | ◆        | ◆        |
| Free Weights              | ✓  | ◆        | ◆        | ◆        |
| Cardio Equipment          | ✓  | ◆        | ◆        | ◆        |
| Group Fitness Classes     | ✓  | ◆        | ◆        | ◆        |
| Indoor Track              | ✓  | ◆        |          | ◆        |
| Personal Training         | \$ | ◆        | ◆        | ◆        |
| Pilates Reformers         | \$ | ◆        |          |          |
| <b>AMENITIES</b>          |    |          |          |          |
| Basketball Court/Gym      | ✓  | ◆        | ◆        | ◆        |
| Child Watch(Drop-In Care) | ✓  | ◆        | ◆        | ◆        |
| Private Changing Area     | ✓  | ◆        | ◆        | ◆        |
| Locker Rooms/Shower       | ✓  | ◆        | ◆        | ◆        |
| Locker Rentals            | \$ | ◆        | ◆        | ◆        |
| Racquetball Courts        | ✓  |          | ◆        | ◆        |
| Multi-Use Sports Courts   | ✓  |          |          | ◆        |
| Sauna                     | ✓  | ◆        | ◆        | ◆        |
| Steam Room                | ✓  |          | ◆        | ◆        |
| Rock Wall                 | ✓  |          |          | ◆        |
| Whirlpool                 | ✓  |          | ◆        | ◆        |
| Golf Simulators           | \$ |          |          | ◆        |
| <b>AQUATICS</b>           |    |          |          |          |
| Pool Location             |    | ◆        | ◆        | ◆        |
| Family Swim               | ✓  | ◆        | ◆        | ◆        |
| Lap Swimming              | ✓  | ◆        | ◆        | ◆        |
| Swim Lessons              | \$ | ◆        | ◆        | ◆        |
| Splash Pad                | ✓  |          |          | ◆        |
| Water Aerobics            | ✓  | ◆        | ◆        | ◆        |
| Waterslide                | ✓  |          |          | ◆        |
| <b>CHILD CARE</b>         |    |          |          |          |
| Child Care Center         | \$ |          | ◆        |          |

✓ Free with Y membership

\$ Program Cost  
See Website for Pricing

## YMCA LOCATIONS

**OAK PARK YMCA**  
900 Long Blvd  
South Lansing

**PARKWOOD YMCA**  
2306 Haslett Rd  
East Lansing

**WESTSIDE YMCA**  
3700 Old Lansing Rd  
West Lansing

[www.lansingymca.org/join](http://www.lansingymca.org/join)

(517) 827-9622