



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Parkwood YMCA

May Mini Session May 19-28

Monday Tuesday Wednesday Thursday Friday Saturday

PARENT/CHILD LEVELS (6 months-3 years)

Parents or other care-providers accompany children in the water for levels A and B.

A	WATER DISCOVERY						
B	WATER EXPLORATION						

PRESCHOOL-AGED LEVELS (3-5 years)

Swim Basics Stage 1-3

Students must be fully potty trained and comfortable without a parent in the water.

1PS	WATER ACCLIMATION		5:15-5:45p	5:15-5:45p	5:15-5:45p		
2PS	WATER MOVEMENT		5:15-5:45p	5:15-5:45p	5:15-5:45p		
3PS	WATER STAMINA		5:45-6:15p	5:45-6:15p	5:45-6:15p		
4PS	STROKE INTRODUCTION						

SCHOOL-AGED LEVELS (6-10 years)

Swim Basics Stage 1-3 Swim Strokes Stage 4-7

1SA	WATER ACCLIMATION		6:15-6:45p	6:15-6:45p	6:15-6:45p		
2SA	WATER MOVEMENT		5:45-6:15p	5:45-6:15p	5:45-6:15p		
3SA	WATER STAMINA		6:15-6:45p	6:15-6:45p	6:15-6:45p		
4SA	STROKE INTRODUCTION						
5SA	STROKE DEVELOPMENT						
6SA	STROKE MECHANICS						
	Adult Lessons						

Swim Lesson Fee

Member	\$75.00
Non-Member	\$95.00

CLASS WILL MEET EVERY DAY Tue, Wed, Thurs May 19, 20, 21 and May 26, 27, 28

Summer Session will begin June 8 with classes meeting 2 x a week for 3 weeks

Second Summer Session Will begin July 6 and classes will meet 1x a week for 6 weeks

Questions?

Please contact Regional Aquatics Director, Theresa Sheridan
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