

PARKWOOD YMCA PILATES REFORMER SCHEDULE

STUDIO CLASSES FOR MAY 4 – JUNE 1

(Monday May 5th – Monday June 1st, no class Monday May 25th)

*Pre-Registration for entire month required

*Registration opens Monday 4/20/2026

Date revised 4/20/2026

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM	Small Group Reformer Jen (60) Pilates Studio	Small Group Reformer Jen (60) Pilates Studio		Small Group Reformer Erin (60) Pilates Studio			
10:15 AM	Small Group Reformer Jen (60) Pilates Studio						
12:00 PM	Small Group Reformer Tara (60) Pilates Studio		Small Group Reformer Erin (60) Pilates Studio				
4:00 PM				Small Group Reformer Tara (60) Pilates Studio			
5:45 PM		Small Group Reformer Alison (60) Pilates Studio					