

# PARKWOOD YMCA PILATES REFORMER SCHEDULE

STUDIO CLASSES FOR MARCH 1-28

\*Pre-Registration for entire month required

\*Registration opens Friday 2/13/2026

Date revised 2/12/2026

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>6:15 AM</b>					Small Group Reformer Becky (60) Pilates Studio <b>New time!!</b>		
<b>9:00 AM</b>	Small Group Reformer Jen (60) Pilates Studio	Small Group Reformer Jen (60) Pilates Studio		Small Group Reformer Erin (60) Pilates Studio			Small Group Reformer Alison (60) Pilates Studio
<b>10:15 AM</b>	Small Group Reformer Jen (60) Pilates Studio						
<b>12:00 PM</b>	Small Group Reformer Tara (60) Pilates Studio		Small Group Reformer Erin (60) Pilates Studio		Small Group Reformer Tara (60) Pilates Studio		
<b>4:00 PM</b>				Small Group Reformer Tara (60) Pilates Studio			
<b>4:45 PM</b>					Small Group Reformer Becky (60) Pilates Studio		
<b>5:45 PM</b>		Small Group Reformer Alison (60) Pilates Studio					