

PARKWOOD YMCA PILATES REFORMER SCHEDULE

STUDIO CLASSES FOR FEBRUARY 1-28

*Pre-Registration for entire month required
*Registration opens Tuesday 1/13/2025

Date revised 1/12/2025

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 AM					Small Group Reformer Becky (60) Pilates Studio		
9:00 AM	Small Group Reformer Jen (60) Pilates Studio NEW!!	Small Group Reformer Jen (60) Pilates Studio		Small Group Reformer Erin (60) Pilates Studio			Small Group Reformer Alison (60) Pilates Studio NEW!!
10:15 AM	Small Group Reformer Jen (60) Pilates Studio NEW!!						
12:00 PM	Small Group Reformer Tara (60) Pilates Studio		Small Group Reformer Erin (60) Pilates Studio NEW!!		Small Group Reformer Tara (60) Pilates Studio NEW!!		
4:00 PM				Small Group Reformer Tara (60) Pilates Studio			
4:45 PM					Small Group Reformer Becky (60) Pilates Studio		
5:45 PM		Small Group Reformer Alison (60) Pilates Studio					