80% off January

THE *Feel Good* Again PLACE

Become a member today and get 80% off January.

At the Y, you'll find a community where people build connections through wellness and where goals are met with purpose. There's truly no place like this place, and now is the perfect time to join.

- No Contracts
- Free Drop-In Child Watch
- Heated Indoor Pools
- Over 100 Free Group Fitness Classes and more!

Membership Types	Membership Descriptions	Monthly Pricing	December Pricing
Teen	13–19 yrs	$35	$7.00
Young Adult	20–23 yrs	$52	$10.40
Adult	24–64 yrs	$67	$13.40
Senior	65 yrs. & up	$59	$11.80
Household One	1 Adult + Up to 4 Dependents (19 years and younger)	$83	$16.60
Household Two	2 Adults	$95	$19.00
Household Three	2 Adult + Up to 4 Dependents (19 years and younger)	$111	$22.20

Anyone who is currently on freeze or has cancelled a YMCA membership in the last 60 days are not eligible for the sale promotion. Scholarships are not applicable. Offer expires 1/31/26.

YMCA of Metropolitan Lansing
517.827.9622 ▶

JOIN TODAY

Scan Me

FACILITIES AT A GLANCE

LOCATIONS		Parkwood	Oak Park	Westside
FITNESS				
Fitness Center	✓	◆	◆	◆
Free Weights	✓	◆	◆	◆
Cardio Equipment	✓	◆	◆	◆
Group Fitness Classes	✓	◆	◆	◆
Indoor Track	✓	◆		◆
Personal Training	$	◆	◆	◆
AMENITIES				
Basketball Court/Gym	✓	◆	◆	◆
Child Watch(Drop-In Care)	✓	◆	◆	◆
Private Changing Area	✓	◆	◆	◆
Locker Rooms/Showers	✓	◆	◆	◆
Locker Rentals	$	◆	◆	◆
Racquetball Courts	✓		◆	◆
Multi-Use Sports Courts	✓			◆
Sauna	✓	◆	◆	◆
Steam Room	✓		◆	◆
Rock Wall	✓			◆
Whirlpool	✓		◆	◆
Golf Simulators	$			◆
AQUATICS				
Pool Location		◆	◆	◆
Family Swim	✓	◆	◆	◆
Lap Swimming	✓	◆	◆	◆
Swim Lessons	$	◆	◆	◆
Splash Pad	✓			◆
Water Aerobics	✓	◆	◆	◆
Waterslide	✓			◆
CHILD CARE				
Child Care Center	$		◆	

✓ **Free with Y membership** $ **Program Cost**
See Website for Pricing

YMCA LOCATIONS

OAK PARK YMCA
900 Long Blvd
South Lansing

PARKWOOD YMCA
2306 Haslett Rd
East Lansing

WESTSIDE YMCA
3700 Old Lansing Rd
West Lansing

www.lansingymca.org/join   **(517) 827-9622**