



# YMCA Membership Sale

**October 1st – October 31st ONLY!**

## HOW TO JOIN DURING THE SALE:

If you join in the month of October, you will receive 50% off plus \$10 enrollment fee! Stop in at any YMCA of Lansing location to take advantage of this offer. Anyone who is currently on freeze or that have cancelled a YMCA membership in the last 60 days are not eligible for the fall sale promotion. Scholarships are not applicable.

## ABOUT THE YMCA

When you become a Y member, you're joining a supportive community. Working together to complete your wellness goals suddenly makes them much more attainable. No matter your goals, fitness level, age, or interest, a Y membership can help you be your best.

## MEMBERSHIP BENEFITS:



**Three YMCA Locations**



**3 Indoor Swimming Pools**



**No Contracts**



**Nationwide Reciprocity**



**Drop-In Child Watch**



**All Group Fitness Classes are FREE**

**See the backside for full list of amenities!**

## YMCA MEMBERSHIP PRICING

### Membership Types:

	Description	Monthly Rate
Teen	13-19 yrs	\$35
Young Adult	20-23 yrs	\$52
Adult	24-64 yrs	\$67
Senior	65 yrs. & up	\$59
Household One	1 Adult + Up to 4 Dependents (19 years and younger)	\$83
Household Two	2 Adults	\$95
Household Three	2 Adult + Up to 4 Dependents (19 years and younger)	\$111

# FACILITIES AT A GLANCE

LOCATIONS		Parkwood	Oak Park	Westside
<b>FITNESS</b>				
Fitness Center	✓	◆	◆	◆
Free Weights	✓	◆	◆	◆
Cardio Equipment	✓	◆	◆	◆
Group Fitness Classes	✓	◆	◆	◆
Indoor Track	✓	◆		◆
Personal Training	\$	◆	◆	◆
<b>AMENITIES</b>				
Basketball Court/Gym	✓	◆	◆	◆
Child Watch(Drop-In Care)	✓	◆	◆	◆
Private Changing Area	✓	◆	◆	◆
Locker Rooms/Showers	✓	◆	◆	◆
Locker Rentals	\$	◆	◆	◆
Racquetball Courts	✓		◆	◆
Multi-Use Sports Courts	✓			◆
Sauna	✓	◆	◆	◆
Steam Room	✓		◆	◆
Rock Wall	✓			◆
Whirlpool	✓		◆	◆
Golf Simulators	\$			◆
<b>AQUATICS</b>				
Pool Location		◆	◆	◆
Family Swim	✓	◆	◆	◆
Lap Swimming	✓	◆	◆	◆
Swim Lessons	\$	◆	◆	◆
Splash Pad	✓			◆
Water Aerobics	✓	◆	◆	◆
Waterslide	✓			◆
<b>CHILD CARE</b>				
Child Care Center	\$		◆	

✓ Free with Y membership

\$ Program Cost  
See Website for Pricing

## YMCA LOCATIONS

**OAK PARK YMCA**  
900 Long Blvd  
South Lansing

**PARKWOOD YMCA**  
2306 Haslett Rd  
East Lansing

**WESTSIDE YMCA**  
3700 Old Lansing Rd  
West Lansing

[www.lansingymca.org/join](http://www.lansingymca.org/join)

(517) 827-9622