

# MYSTIC LAKE

## YMCA OVERNIGHT CAMP

### 2024 PROGRAMS



Teen Adventure Camps • Overnight Camp • Leadership Programs



517.827.9650

[www.mysticlakecamp.org](http://www.mysticlakecamp.org)



# Welcome to Mystic Lake YMCA Camp!

Dear Families,

Since 1926 Mystic Lake YMCA Camp has provided kids and families with outstanding programs focused on helping them grow. Our programs focus on the character values of honesty, caring, respect and responsibility. Through our character development we are able to foster social responsibility, self-confidence, friendships, and a sense of belonging during your child's stay with us.

## Our Mission, Our Focus, Our Goals

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

Through our focus on:

Youth Development – Nurturing the potential of youth and teens. Develop and learn new skills to help improve their sense of self-worth and confidence by creating an accepting environment where all are welcome and everyone belongs.

Healthy Living – Improving the health and well-being for our communities and learning to lead a more healthy and active lifestyle.

Social Responsibility – Giving back and providing support to our neighbors. Learn about social responsibility through environmental stewardship, community living and working with one another in a group setting.

Program Goals:

- Provide a safe, inviting and inclusive camp community for all
- Ensure trained and qualified staff dedicated to being professional role models work with your child
- Help foster friendships between your child and other campers
- Allow campers to learn and have fun in our exciting activities
- Provide children the opportunity to unplug from technology and experience time away in a safe and natural environment

## Our Staff

- Dedicated
- Experienced
- Responsible
- Enthusiastic
- Positive
- FUN
- CPR and First Aid certified, and specialists have certifications specific to their area
- Highly trained and very committed to the goals of camp
- Criminal background checks are conducted prior to hiring
- References and previous work experiences are thoroughly reviewed

## ACA Accreditation and Michigan State Licensing

Mystic Lake Camp is accredited by the American Camp Association (ACA) and fully licensed by the State of Michigan Department of Licensing & Regulatory Affairs. The ACA's rigorous accreditation process ensures our programs operate at the highest levels and meet or exceed the established standards to ensure that campers and staff stay safe and healthy.





# Unplugged for a week...



# ...connected for a lifetime!

WELCOME



# Summer 2024 Programs

Traditional Camp	Ages	Dates	Tier A	Tier B	Tier C
Mystic Experience	6-15	Week 1: June 16 – June 21 Week 2: June 23 – June 28 Week 3: July 7 – July 12 Week 4: July 14 – July 19 Week 5: July 21 – July 26 Week 6: July 28 – August 2 Week 7: August 4 – August 9	\$730	\$780	\$830
Mystic Experience Two Weeks	6-15	Week 1&2: June 16 – June 28 Week 3&4: July 7 – July 19 Week 5&6: July 21– August 2	\$1,460	\$1,560	\$1,660
Specialty Camp	Ages	Dates	Tier A	Tier B	Tier C
Starlight	7-16	Week 1: June 16-21	\$730	\$780	\$830
Teen and Leadership Camp	Ages	Dates	Tier A	Tier B	Tier C
Counselor In Training	16-17	Week 1&2: June 16 – June 28	\$1,140	\$1,240	\$1,340
Leader In Training	15-16	Week 3: July 7 – July 12	\$730	\$780	\$830
Teen Nation	14-16	Week 4: July 14 – July 19 Week 5: July 21 – July 26 Week 6: July 28 – August 2 Week 7: August 4 – August 9	\$730	\$780	\$830

## FEE STRUCTURE

We understand families have differing abilities to pay for camp and we follow a voluntary Three Tier Fee program. You choose the tier that fits your family budget. All campers receive the same experience; no campers will know what tier you selected, no matter what they pay.

### TIER A

TIER A is our historically subsidized rate and does not reflect the true cost of operating summer camp programs.

### TIER B

TIER B is our partially subsidized fee for those who can pay a little more but still cannot afford the actual cost of the camp.

### TIER C

TIER C accounts for the true costs of camp including wear and tear of buildings and grounds.

**REGISTRATION FEE:** A nonrefundable registration fee of \$100 is included in the camp fee and is required per session per child. The registration fee must accompany your camper registration.

**BUS TRANSPORTATION:** Bus seats are limited and require registration in advance. This optional service is \$30 each way and is located at Parkwood YMCA.

**REFUND POLICY:** The \$100 registration fee is nonrefundable. In the case of dismissal due to poor behavior or voluntary withdrawal, there is no refund of fees.

**FINANCIAL ASSISTANCE:** A financial aid scholarship application is available on our website.

## Mystic Experience

The Mystic Experience program is where your child's camping traditions begin and continue year after year! Campers are placed in their cabin groups with children in the same age range and enjoy age-appropriate activities such as swimming, boating, archery, and crafts. Each child will have the opportunity to make great friends, learn new skills, meet positive role models, and leave our program with a higher level of confidence, maturity, and understanding of our four core values - honesty, caring, respect, and responsibility.

AGES: 6-15      Sessions Offered: 1, 2, 3, 4, 5, 6, 7

## Two Week Mystic Experience

For some campers, one week just isn't enough! Campers registered for our two-week Mystic Experience will remain on camp over the weekend between their two registered sessions and participate in camp activities. Some activities and programs offered during their first week will be offered again, if there was an activity they want to do again or a new activity they want to try they will have the opportunity to do so! In your child's second week of Mystic Experience your child will likely to move to a new cabin have a new cabin group so they will have a second group of camp friends to make memories and stories with.

AGES: 6-15      Sessions Offered: 1&2, 3&4, 5&6

## Counselor In Training

Our two-week Counselor In Training (CIT) program provides a unique learning opportunity for campers who aspire to become camp counselors or future leaders. CITs will focus on communication skills, coaching and encouraging others, leading activities, and expectations of them as future leaders. The stay over the weekend between week 1&2 is included in this two-week program.

CITs that successfully complete the two weeks of the program will be invited back to do a live-in week later in the summer to practice their new skills as they shadow and assist counselors with an assigned cabin group.

AGES: 16 - 17  
Sessions Offered: 1&2

## Leaders In Training

Our Leader In Training (LIT) program will introduce teens to the dynamics of leadership and teamwork. LITs will focus on small-group facilitation skills, leadership styles, communication skills, and the YMCA four core values of caring, respect, responsibility, and honesty. LITs will have opportunities to practice their new leadership skills by leading activities within their group and the camp community.

AGES: 15 - 16  
Sessions Offered: 3



## Teen Nation

This coed teen camp has been created to give teens a place to make new friends, try new activities, and have opportunities for overall growth while staying active outdoors with campers their own age. Campers follow the same basic schedule as Mystic Experience while having the opportunity to assist in completing their schedule with activities tailored to older campers such as Bruno's Swing and the high ropes course.

AGES: 14 - 16  
Sessions Offered: 4, 5, 6, 7



## Camp Starlight

Camp Starlight is presented in collaboration with the Michigan Dyslexia Institute (MDI) for children with dyslexia. This overnight camp provides a unique experience for campers to meet others like them and develop a better understanding about dyslexia. Campers will participate in a transformational experience thoughtfully designed to build confidence, compassion, increase self-esteem, and create a sense of belonging all while new friendships are being built.

While Camp Starlight Campers do reside with and participate in most daily activities with non-dyslexic campers from Mystic Lake Experience, they will be matched with counselors who understand dyslexia and attend three engaging sessions to help them better understand dyslexia and how it impacts them. In addition, MDI will be sponsoring a dynamic evening event for all campers. This interactive presentation is designed to provide an experience that brings all campers together with a powerful message of hope, acceptance of others, and persevering through challenges in order to realize our potential. The goal is to inspire campers to explore these themes throughout their camp experience and beyond.

Camp Starlight campers return year after year and develop lifelong friendships. Many have even become staff members at Mystic Lake! Mystic Lake staff are trained by the Michigan Dyslexia Institute in inclusion and strategies to provide a safe and positive environment to support your child. An experienced staff, engaging opportunities, new experiences and a beautiful location are the ingredients for an outstanding week at Camp Starlight.

AGES: 7 - 16      Session Offered: 1

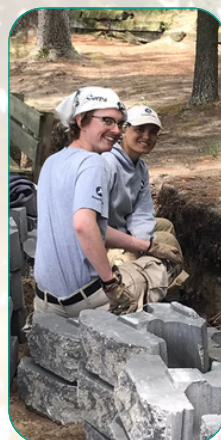


## OUTDOOR EDUCATION AND RETREAT



Mystic Lake YMCA Camp serves schools, youth groups, sports teams, Adventure Guides, choirs, marching bands and others throughout the spring and summer. Bring your class or group to camp for an unforgettable experience filled with character development, team building and confidence building in our 600 acre outdoor facility.

## VOLUNTEER WEEKEND



Come to camp on April 26-28, 2024 to contribute to the preparation for the summer season at camp. Grounds work, painting, organizing and building projects will fill the task list for the weekend. Meals provided will be Saturday breakfast, lunch, dinner and a to-go breakfast on Sunday. Pre registration is required.

## MEMORIAL DAY WEEKEND FAMILY CAMP

The whole family can experience a weekend of fun and excitement in Mystic Lake's beautiful natural setting. Be as active as you like or plan a weekend of relaxation. You can hike, canoe, fish, cook-out, create a craft, archery, volleyball and much more. For the more adventurous you can try out our 40 foot climbing wall and trek through our high ropes course. In the evening we'll share stories, sing songs and relax by the campfire.

Arrive Friday evening to set up your cabin and relax. Stay until Monday for breakfast and departure. Activities are offered throughout the day on Saturday and Sunday.

Cost of weekend includes all activities, housing for three nights, Saturday breakfast, lunch and dinner, Sunday breakfast, lunch and dinner, and Monday brunch.



## CONNECT WITH US!

### MYSTIC LAKE YMCA CAMP

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