



STAY ACTIVE WITH FRIENDS

Adult Volleyball League

Woman's 6 on 6 league

**When: Oct 19- Dec 14 (8 games)
(Thursdays Only)**

**Game times:
6pm, 7pm, 8pm**

**League Categories:
Upper & Lower Divisions**

**League is a fun yet competitive
league for adults.**

**All games officiated by
certified NCAA officials.**

Fee:

**\$300+\$17.00 per team per match
to be paid to officials.**

Registrations Begins Oct. 2nd

**Please email Theresa Sheridan at
tsheridan@lansingymca.org
to register**

Location:

**Westside YMCA
3700 Old Lansing Rd
Lansing, MI 48917**

Contact:

**Theresa Sheridan
tsheridan@lansingymca.org
517-827-9680**