



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Parkwood YMCA

## Mini Session May 23-June 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PARENT/CHILD LEVELS (6 months-3 years)</b>						

Parents or other care-providers accompany children in the water for levels A and B.

A	WATER DISCOVERY					
B	WATER EXPLORATION					

## PRESCHOOL-AGED LEVELS (3-5 years) Swim Basics Stage 1-3

Students must be fully potty trained and comfortable without a parent in the water.

1PS	WATER ACCLIMATION		5:45-6:15	5:45-6:15	5:45-6:15	
2PS	WATER MOVEMENT		5:45-6:15	5:45-6:15	5:45-6:15	
3PS	WATER STAMINA					
4PS	STROKE INTRODUCTION					

## SCHOOL-AGED LEVELS (6-10 years) Swim Basics Stage 1-3 Swim Strokes Stage 4-7

1SA	WATER ACCLIMATION					
2SA	WATER MOVEMENT		6:20-6:50	6:20-6:50	6:20-6:50	
3SA	WATER STAMINA		5:45-6:25	6:30-7:10	5:45-6:25	
4SA	STROKE INTRODUCTION					
5SA	STROKE DEVELOPMENT					
6SA	Swim Club					
	Adult Lessons					

## Swim Lesson Fee

<b>Member</b>	<b>\$65.00</b>
<b>Non-Member</b>	<b>\$85.00</b>

Registration for Summer Classes that begin June 12 will begin May 22 for members and May 24 for non-members.  
12pm

## Questions?

Please contact Regional Aquatics Director, Theresa Sheridan  
[tsheridan@lansingymca.org](mailto:tsheridan@lansingymca.org)