



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA SWIM ATTIRE GUIDELINES

The Y is a place where all people of all walks of life can learn and love to swim, wearing a spectrum of colors, fabrics and accessories. Below are pool guidelines to keep all swimmers safe and keep our pools healthy.

Examples of appropriate swim attire:



Swimwear must be clean and designated for pool use

- The YMCA does not allow swimmers of any age to enter the pool in street clothes.
- Swimmers must bring a change of clothes specifically designated for the pool use.
- Swimsuits must not be transparent.

All swimmers must take a shower before entering the water

- Taking a cleansing shower before entering the pool helps to keep dirt and germs out of the water.
- Hair products and skincare products such as lotions, cologne and make-up will cause chemical imbalances in the pools.