

Outdoor Education and Group Classes

Outdoor Education Classes

- Animal Survival
- Aquatic Adventure
- Arts and Crafts
- Archery
- Bird Adaptations
- Bog Hike
- Canoeing or kayaking (weather dependent)
- Challenge Course and team building
- Fishing
- Four Core
- Insect Safari
- Orienteering
- Sports of all Sorts
- STEM
- Wilderness Survival

Adventure Programming

- Giant Swing*
- High Ropes (Double class period) * (minimum age is 12)
- Rock Climbing*

Open Acts

- Slingshots
- Nature Center
- Athletic Field
- Arts and Crafts
- Fishing
- Camp Store

Evening Activities/ Large Group Activities

- Campfire
- Skit Night
- Predator/Prey
- Dutch Auction
- Night Hikes and astronomy (availability depends on sunset and group size)

*additional fees associated with this class

Outdoor Education Class Descriptions

Animal Survival

- From camouflage to carrying capacity. Students will discover how different animals have adapted survival techniques in order to be well suited for their environments.

Aquatic Adventure

- Students explore the aquatic world with pond dippers to discover the variety of insects and amphibians that live there. Individual specimens will be studied to observe the role they play in an aquatic ecosystem.

Archery

- Instructors will teach students the basic of archery. They will learn how to properly use a bow, play the sport, and techniques that will help them to achieve a bull's-eye.

Arts and Crafts

- Create a craft to take home to remember your camp trip. Crafts vary by age and group size.

Bird Adaptations

- Webbed feet, talons, and feathers oh my! Take a deep dive into the adaptations of birds across the US. Learn about habitats, food sources and migration patterns.

Bog Hike

- Students will discover the amazing wetland known as a bog. They will learn what makes a bog different from other wetlands and some defining characteristics that make this body of water so unique.

Canoeing or kayaking

- Students will be taught canoeing safety and paddling techniques before setting out on Mystic Lake. Traverse an obstacle course or explore the shores while you paddle.

Challenge Course and Team Building

- Communication, cooperation, and leadership are just some of the skills students will learn at our challenge course. Working through obstacles to accomplish a task as a team is the main focus of this class. Obstacles may include 'broken bridges', 'all-aboard' or '3D spider web'.
- From basketball to kickball, students will learn different sports and get active. Students will play multiple sports in order to learn the rules and learn how different sports are played.

Fishing

- Try your hand at catching the big bass known as Oscar or the 30 foot pike that swims in the lake. Students will be equipped with the knowledge of how to use a fishing pole, removing a fish and fishing safety. Then they will be given the opportunity to fish for Oscar.

Four Core

- Mystic Lake Camp focuses on four core values, honesty, caring, respect and responsibility. Work on recognizing those qualities in your groupmates and how you can use the four core values in your community.

Insect Safari

- Go on a bug search through the fields and forest of Mystic. Look under logs and make observations about the critters you find.

Orienteering

- A camp classic to learn to use a compass and navigate our course.

Sports of all sorts

- Utilizing team work the group will work through different team sports.

STEM

- Based on the goals of your classroom we can develop an activity for your class. Some STEM projects have included toothpick bridges, Oobleck, race car launchers and more.

Wilderness Survival

- Learn how to make fire, build shelters, find food, filter water and basic first aid. This class will help students to learn survival techniques that will better equip them to survive in a wilderness situation if they are ever lost.

Adventure Programming

Giant Swing

- The Giant Swing is 30 feet tall and is an adrenaline pumping experience. This is another activity that will help students to expand their comfort zone. Students will work together to pull their classmate to their destination and with a self-release rip cord, the student bravely releases themselves and enjoys the experience of swinging through the air.
- Additional Cost: \$15.00 per student

High Ropes

- Ascend to the tree tops to conquer the high ropes course. Students will be encouraged to step out of their comfort zone for this unique experience. They will be able to take on a variety of challenges such as the 'cargo net', 'wild woozy' and 'broken beams'.
- Double class period
- Additional Cost: \$15.00 per student

Rock Climbing

- Our 40 foot rock wall challenges students to step out of their comfort zone. Each student will set a goal, whether it is 5 feet or 40 feet, and the instructor will work with that student to achieve their goal. Students will also learn different techniques to improve their climbing skills.
- Additional Cost: \$10.00 per student

Open Acts

Slingshots

- Test theories of force and motion while you send acorns flying towards targets.

Nature Center

- Get hands on with skulls and shells of native Michigan wildlife. Record observations of bird species through our one way glass observatory.

Athletic Field (volleyball, basketball, ping pong, soccer)

- Test your teamwork skills in a variety of sports.

Arts and Crafts

- Unleash your creativity by making a take-home friendship bracelet or keychain to remember camp!

Fishing

- Test your angling skills by hooking one of Mystic's infamous pike, bluegill, sunfish, bass or catfish.

Camp Store

- From water bottles to t-shirts Mystic's trading post has all of your souvenir needs.

Evening Activities/ Large Group Activities

Campfire

- Be transported to many faraway places while your Mystic Lake counselors act out your favorite skits. There may be water, there may be bears but most of all, there will be laughter and fun!

Skit night

- Work with your cabin to create a skit that will be performed for your entire class on the coveted Mystic stage.

Predator/Prey

- Students will learn about the food chain and how organisms survive. Students will assume the role of an animal and must find food, water, and shelter before they are attacked by the predators.

Dutch Auction

- It is not Dutch or an auction, but it sure is a fun time. Students use their imagination and creativity to display items or situations that range from a 'pink elephant' to 'shingling a dog house with pancakes' using the items that they have in hand.

Night Hikes and stargazing

- Discover the night with our senses. Students will heighten their awareness with a variety of activities such as 'Bat/Moth', and 'Cones and Rods'. They will also be able to discover the night sky and observe different constellations.