



### Class Cancellations for Holidays

#### DeWitt YMCA

Monday, Dec 27 <sup>th</sup>	5:45pm	Tiffany	Just Dance
Tuesday, Dec 28 <sup>th</sup>	5:45pm	Tiffany	Yoga
Wednesday, Dec 29 <sup>th</sup>	5:45pm	Tiffany	Step & Sculpt
Thursday, Dec 30 <sup>th</sup>	5:45pm	Tiffany	Strength for All
Week of 27 <sup>th</sup> - 31 <sup>st</sup>	1:00pm	Lori	Enhanced Fitness

#### Westside YMCA

Tuesday, Dec 21 <sup>st</sup>	11:00am	Gary	Silver Sneakers
Thursday, Dec 23 <sup>rd</sup>	11:00am	Gary	Silver Sneakers
Saturday, Jan 1 <sup>st</sup>	8:30am	Barb	Bodyweight Works
Saturday, Jan 1 <sup>st</sup>	9:05am	Barb	Cycling
Saturday, Jan 1 <sup>st</sup>	10:00am	Barb	Core Conditioning

#### Oak Park YMCA

Wednesday, Dec 22 <sup>nd</sup>	10:45am	Deanna	Barre
Monday, Dec 27 <sup>th</sup>	11:00am	Deanna	Silver Sneaker Yoga
Saturday, Jan 1 <sup>st</sup>	9:00am	Dan	Tai Chi
Tuesday, Dec 28 <sup>th</sup>	1:00pm	Lee	Yoga
Tuesday, Jan 4 <sup>th</sup>	1:00pm	Lee	Yoga

#### Parkwood YMCA

Thursday, Dec 23 <sup>rd</sup>	5:30pm	Zumba	Shelly
Friday, Dec 24 <sup>th</sup>	6:30am	Strength for all	Shelly
Monday, Dec 27 <sup>th</sup>	6:30am	Strength for all	Shelly
Thursday, Dec 30 <sup>th</sup>	5:30pm	Zumba	Shelly
Friday, Dec 31 <sup>st</sup>	6:30am	Strength for all	Shelly