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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA OF LANSING JOB POSTING

### SPARK Instructor

**General Function:** Under the supervision of the Regional Director of Anti-Hunger & Chronic Disease Prevention Programs, the SPARK Instructor will provide instruction and leadership with the SPARK curriculum for designated sites where SPARK is being taught. The delivery of the curriculum will be focused on building relationships with students, parents, site administration and overall community. This position will create weekly; quality lesson plans using the resources provided that will be followed to achieve the strategic goals of the Childhood Obesity Program. This position will be teaching within the Lansing Public Schools as well as supporting the YMCA program initiatives.

#### **Job Requirements:**

- Bachelor of Science degree preferably in exercise physiology, exercise science, kinesiology, physical education or related field. Equivalent combination of education and experience accepted.
- Hold a current C.P.R./A.E.D and first aid certification.
- Possess a valid driver's license.
- Must have a dynamic engaging personality with strong relationship building skills.
- Possess strong organizational and communication skills.
- Strong teaching skills.
- Strong self-starter and ability to work independently with minimal supervision.
- Proficient in Microsoft Office and experience with databases.
- Ability to track, record and ensure privacy of participant for data collection.
- Promote and represent the mission and core values of the YMCA of Lansing.
- Understanding of budgets and ability to manage them.
- Must be available for some evening and weekend community events.

#### **Position Responsibilities:**

- Deliver SPARK curriculum at designated sites.
- Creating weekly lesson plans and attending all staff meetings.
- Keeping proper inventory records.
- Leader in health and wellness initiatives.
- Ensure a positive delivery and encouraging environment with co-workers and participants.
- Establish systems for regularly scheduled equipment inspections to ensure proper replacement and safety of all participants.
- Ongoing relationship building with partnering organizations, community leaders, donors, parents and kids.
- Support SPARK programming by participating in community events.

#### **Disclaimers:**

- Must complete successful background screening and drug test for YMCA and all other off-site screenings for partnering organizations.
- This job description may not be all-inclusive and employee is expected to perform all other duties as assigned by direct management.
- Job descriptions and duties may be modified when deemed appropriate by management.

**Salary:** part-time work schedule with a max of 28 hours a week, \$20/hr for school year programming and \$15 for all other SPARK activities.

**Include:** Cover letter, resume, three professional references.

**Contact:** Alison Bradow, Regional Director, Anti-Hunger & Chronic Disease Prevention, [abradow@lansingymca.org](mailto:abradow@lansingymca.org)