

FACILITIES AT A GLANCE

LOCATIONS		Dewitt	Parkwood	Oak Park	Westside
FITNESS					
Fitness Center		◆	◆	◆	◆
Free Weights		◆	◆	◆	◆
Cardio Equipment		◆	◆	◆	◆
Group Fitness Classes		◆	◆	◆	◆
Indoor Track			◆		◆
Outdoor Fitness Classes			◆		◆
Personal Training		◆	◆	◆	◆
Silver Sneakers Classes		◆	◆	◆	◆
AMENITIES					
Basketball Court/Gym			◆	◆	◆
Family Locker Rooms		◆	◆	◆	◆
Locker Rooms/Showers		◆	◆	◆	◆
Raquetball Courts			◆	◆	◆
Youth Fitness Area					◆
Sauna		◆	◆	◆	◆
Steam Room		◆		◆	◆
Whirlpool				◆	◆
AQUATICS					
Pool Location			◆	◆	◆
Family Swim			◆	◆	◆
Lap Swimming			◆	◆	◆
Swim Lessons			◆		◆
Water Aerobics			◆	◆	◆
VIRTUAL PROGRAMMING					
Virtual Fitness Classes					
Virtual Personal Training					
CHILD CARE & SCHOOL AGE PROGRAMS (ON-SITE LICENSED)					
Child Care Center				◆	
Preschool Center			◆	◆	
School Age Day Camp			◆		◆
Preschool Day Camp			◆		
COMING SOON					
Child Watch(Drop-In Care)		◆	◆	◆	◆
Sports & Leagues			◆	◆	◆



Free with Y membership
Reservation Not Required



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Reservation Required



Program Cost
See Website for Pricing